

Iron Horse Rhythm Run



5K FUN RUN/1K KIDS' RUN MINEOLA NATURE PRESERVE SATURDAY, SEPTEMBER 24, 2022

8:30 a.m. (On-site Registration); 9:00 a.m. (1K Kids' Run); 9:30 a.m. (5K & Drawings)

****VALUABLE DRAWINGS, GOODY BAGS AND PRIZES AWARDED ON ALL LEVELS.****

****PRIZES WILL BE AWARDED 15 MIN. AFTER FIRST RUNNER CROSSES THE FINISH LINE.****

REGISTRATION INFO.

(ONE FORM PER PERSON)

SHIRT SIZES

(CIRCLE ONE)

Name: _____

Age: _____ (Kids Run Only)

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

(Make checks payable to Dance Dimensions)

<u>YOUTH</u>	<u>ADULT</u>	
YS	AS	AXL
YM	AM	AXXL
YL	AL	AXXXL

(due to availability, child sizes might be a different color than adult sizes)

CIRCLE ONE EVENT

Registered **by** Sept. 15th (T-shirt is guaranteed)

- 1K Kids' Run: 10 and under \$25
- 1K AND 5K Fun Run: 10 and under \$25
- 5K Fun Run: Any Age \$25
- Family 4 pack \$75

Virtual Registered **by** Sept. 15th (T-shirt is guaranteed)

- Virtual Fun Run (Pick up T-shirt) \$25
- Virtual Fun Run (Mail T-shirt) \$35
- Virtual Family 4 pack (Mail T-shirts) \$75

Registered **after** Sept. 15th (T-shirt is not guaranteed)

- 1K Kids' Run: 10 and under \$30
- 5K Fun Run: Any Age \$30

Waiver: By accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release all claims for damage I have against Dance Dimensions, their staff or clients, and any sponsors of this run. I give permission for the free use of my name, and/or photograph in any broadcast, telecast or other account of this event. I further attest that I am physically fit and am able to participate in the event I am entering.

Signature (Parent or Guardian if under 18)

x _____

Date: _____

**Proceeds to benefit the Rhythm Teams. They will donate a portion to the City of Mineola Nature Preserve and Community Organizations.*

MAIL CHECKS TO:

Dance Dimensions c/o Rhythm Run 5K
1075 W. Loop 564, Mineola, TX 75773

Questions: 903-569-5664

CODE: